

## Boys/Girls Open 400m Freestyle - Heats (Declared Winners)

### BOYS 10 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time				FINA Pt
1.	Marcus Mahew	03/06/07	Beccles Town	6:27.77				163
	50m 44.05	100m 1:32.60	150m 2:23.63	200m 3:14.14	250m 4:03.77	300m 4:53.83	350m 5:41.85	400m 6:27.77

### BOYS 11 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time				FINA Pt
1.	William Ellard	04/04/06	Beccles Town	5:45.10				232
	50m 38.79	100m 1:21.76	150m 2:07.02	200m 2:52.20	250m 3:37.85	300m 4:23.52	350m 5:07.53	400m 5:45.10

### BOYS 12/13 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time				FINA Pt
1.	Ethan Cowley	25/04/05	Beccles Town	5:43.21				236
	50m 37.85	100m 1:19.98	150m 2:05.20	200m 2:50.34	250m 3:35.91	300m 4:21.64	350m 5:05.01	400m 5:43.21
2.	Owen Seary	13/07/04	Beccles Town	5:54.77				214
	50m 38.33	100m 1:21.89	150m 2:06.55	200m 2:52.05	250m 3:37.89	300m 4:24.25	350m 5:08.76	400m 5:54.77
3.	Bailey Crisp	13/09/05	Beccles Town	6:04.15				198
	50m 38.36	100m 1:22.17	150m 2:08.22	200m 2:54.65	250m 3:40.90	300m 4:28.86	350m 5:17.22	400m 6:04.15
4.	Oliver Thurston-Woolno	01/04/04	Beccles Town	6:20.52				173
	50m 40.61	100m 1:28.23	150m 2:17.55	200m 3:06.45	250m 3:56.38	300m 4:46.05	350m 5:36.12	400m 6:20.52
5.	George Aitken	09/11/05	Beccles Town	6:29.89				161
	50m 44.23	100m 1:33.42	150m 2:23.38	200m 3:14.94	250m 4:06.83	300m 4:56.49	350m 5:44.77	400m 6:29.89

6.	Lloyd Battison	08/11/05	Beccles Town	6:33.31					157
	50m 43.27	100m 1:32.38	150m 2:22.04	200m 3:13.90	250m 4:06.15	300m 4:57.33	350m 5:47.24	400m 6:33.31	

### BOYS 14/15 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time					FINA Pt
1.	Joshua Thurston-Woolno	22/02/03	Beccles Town	4:33.38					467
	50m 30.55	100m 1:04.81	150m 1:39.26	200m 2:13.73	250m 2:48.81	300m 3:24.27	350m 3:59.71	400m 4:33.38	
2.	Teal'K Smith	29/11/03	Beccles Town	4:35.07					459
	50m 30.56	100m 1:05.15	150m 1:39.60	200m 2:14.97	250m 2:49.79	300m 3:25.76	350m 4:01.08	400m 4:35.07	
3.	Jeremy Aitken	21/02/03	Beccles Town	4:43.45					419
	50m 32.43	100m 1:08.01	150m 1:43.76	200m 2:19.84	250m 2:56.14	300m 3:32.13	350m 4:08.75	400m 4:43.45	
4.	Samuel Day	22/10/03	Beccles Town	5:05.95					333
	50m 33.01	100m 1:11.14	150m 1:50.37	200m 2:29.53	250m 3:08.31	300m 3:46.88	350m 4:26.64	400m 5:05.95	
5.	James Green	24/07/03	Beccles Town	5:13.49					310
	50m 34.34	100m 1:13.10	150m 1:53.65	200m 2:34.64	250m 3:15.92	300m 3:57.19	350m -	400m 5:13.49	
6.	Brandon Crisp	05/06/02	Beccles Town	5:22.12					286
	50m 35.70	100m 1:16.08	150m 1:57.95	200m 2:40.21	250m 3:22.05	300m 4:03.36	350m 4:44.32	400m 5:22.12	
7.	Oliver Mann	05/11/03	Beccles Town	5:22.93					283
	50m 37.41	100m 1:18.73	150m 2:00.65	200m 2:42.31	250m 3:23.51	300m 4:04.84	350m 4:45.01	400m 5:22.93	

### BOYS Open Age Group - Full Results

Place	Name	DoB	Club	Time					FINA Pt
1.	Dalton Yallop	13/01/97	Beccles Town	4:29.57					488
	50m 30.42	100m 1:04.13	150m 1:39.38	200m 2:14.56	250m 2:49.12	300m 3:23.82	350m 3:57.89	400m 4:29.57	
2.	Ross Barnshaw	11/10/98	Beccles Town	4:29.89					486

	50m 30.69	100m 1:04.89	150m 1:39.47	200m 2:14.84	250m 2:48.51	300m 3:23.02	350m 3:57.65	400m 4:29.89
3.	Joshua Thurston-Woolno	22/02/03	Beccles Town		4:33.38			467
	50m 30.55	100m 1:04.81	150m 1:39.26	200m 2:13.73	250m 2:48.81	300m 3:24.27	350m 3:59.71	400m 4:33.38
4.	Daniel Thurston-Woolno	14/11/01	Beccles Town		4:34.75			461
	50m 30.30	100m 1:04.71	150m 1:39.71	200m 2:15.25	250m 2:50.25	300m 3:25.69	350m 4:00.78	400m 4:34.75
5.	Teal'K Smith	29/11/03	Beccles Town		4:35.07			459
	50m 30.56	100m 1:05.15	150m 1:39.60	200m 2:14.97	250m 2:49.79	300m 3:25.76	350m 4:01.08	400m 4:35.07
6.	Jeremy Aitken	21/02/03	Beccles Town		4:43.45			419
	50m 32.43	100m 1:08.01	150m 1:43.76	200m 2:19.84	250m 2:56.14	300m 3:32.13	350m 4:08.75	400m 4:43.45
7.	Max Beevor	19/06/01	Beccles Town		4:45.87			409
	50m 30.35	100m 1:04.72	150m 1:40.16	200m 2:16.15	250m 2:52.90	300m 3:30.51	350m 4:08.42	400m 4:45.87
8.	Callum Thurston-Woolno	21/04/00	Beccles Town		4:46.51			406
	50m 31.10	100m 1:06.44	150m 1:42.46	200m 2:19.47	250m 2:57.53	300m 3:36.20	350m 4:11.89	400m 4:46.51
9.	Oliver Woodcock	07/05/01	Beccles Town		4:59.25			356
	50m 32.38	100m 1:08.70	150m 1:46.47	200m 2:24.71	250m 3:03.26	300m 3:42.31	350m 4:21.94	400m 4:59.25
10.	Samuel Day	22/10/03	Beccles Town		5:05.95			333
	50m 33.01	100m 1:11.14	150m 1:50.37	200m 2:29.53	250m 3:08.31	300m 3:46.88	350m 4:26.64	400m 5:05.95
11.	Samuel Skuse	24/09/01	Beccles Town		5:07.80			327
	50m 34.81	100m 1:13.78	150m 1:53.50	200m 2:33.89	250m 3:13.72	300m 3:53.16	350m 4:31.99	400m 5:07.80
12.	Samuel Aitken	16/03/00	Beccles Town		5:08.83			324
	50m 34.41	100m 1:12.79	150m 1:52.29	200m 2:32.30	250m 3:12.98	300m 3:52.82	350m 4:32.00	400m 5:08.83
13.	James Green	24/07/03	Beccles Town		5:13.49			310
	50m 34.34	100m 1:13.10	150m 1:53.65	200m 2:34.64	250m 3:15.92	300m 3:57.19	350m -	400m 5:13.49
14.	Brandon Crisp	05/06/02	Beccles Town		5:22.12			286
	50m 35.70	100m 1:16.08	150m 1:57.95	200m 2:40.21	250m 3:22.05	300m 4:03.36	350m 4:44.32	400m 5:22.12
15.	Oliver Mann	05/11/03	Beccles Town		5:22.93			283

	50m 37.41		100m 1:18.73	150m 2:00.65	200m 2:42.31	250m 3:23.51	300m 4:04.84	350m 4:45.01	400m 5:22.93
16.	Ethan Cowley	25/04/05	Beccles Town			5:43.21			236
	50m 37.85		100m 1:19.98	150m 2:05.20	200m 2:50.34	250m 3:35.91	300m 4:21.64	350m 5:05.01	400m 5:43.21
17.	William Ellard	04/04/06	Beccles Town			5:45.10			232
	50m 38.79		100m 1:21.76	150m 2:07.02	200m 2:52.20	250m 3:37.85	300m 4:23.52	350m 5:07.53	400m 5:45.10
18.	Owen Seary	13/07/04	Beccles Town			5:54.77			214
	50m 38.33		100m 1:21.89	150m 2:06.55	200m 2:52.05	250m 3:37.89	300m 4:24.25	350m 5:08.76	400m 5:54.77
19.	Bailey Crisp	13/09/05	Beccles Town			6:04.15			198
	50m 38.36		100m 1:22.17	150m 2:08.22	200m 2:54.65	250m 3:40.90	300m 4:28.86	350m 5:17.22	400m 6:04.15
20.	Oliver Thurston-Woolno	01/04/04	Beccles Town			6:20.52			173
	50m 40.61		100m 1:28.23	150m 2:17.55	200m 3:06.45	250m 3:56.38	300m 4:46.05	350m 5:36.12	400m 6:20.52
21.	Marcus Mahew	03/06/07	Beccles Town			6:27.77			163
	50m 44.05		100m 1:32.60	150m 2:23.63	200m 3:14.14	250m 4:03.77	300m 4:53.83	350m 5:41.85	400m 6:27.77
22.	George Aitken	09/11/05	Beccles Town			6:29.89			161
	50m 44.23		100m 1:33.42	150m 2:23.38	200m 3:14.94	250m 4:06.83	300m 4:56.49	350m 5:44.77	400m 6:29.89
23.	Lloyd Battisson	08/11/05	Beccles Town			6:33.31			157
	50m 43.27		100m 1:32.38	150m 2:22.04	200m 3:13.90	250m 4:06.15	300m 4:57.33	350m 5:47.24	400m 6:33.31

### **GIRLS 09 Yrs/Under Age Group - Full Results**

Place	Name	DoB	Club	Time	FINA Pt			
1.	Isabel Aukland	27/02/08	Beccles Town	7:14.20	157			
	50m 47.55	100m 1:42.88	150m 2:38.86	200m 3:35.21	250m 4:32.14	300m 5:29.16	350m 6:24.74	400m 7:14.20

### **GIRLS 10 Yrs Age Group - Full Results**

Place	Name	DoB	Club	Time	FINA Pt
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1.	Freya Madsen	02/02/07	Beccles Town		6:48.79				188
	50m 45.54	100m 1:37.36	150m 2:29.78	200m 3:21.88	250m 4:13.90	300m 5:04.60	350m 5:57.61	400m 6:48.79	

### GIRLS 11 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time	FINA Pt				
1.	Grace Mann	14/03/06	Beccles Town	5:44.03	316				
	50m 38.37	100m 1:21.72	150m 2:05.79	200m 2:50.05	250m 3:34.08	300m 4:18.22	350m 5:01.78	400m 5:44.03	
2.	Amelia Aukland	07/09/06	Beccles Town	6:33.92	211				
	50m 42.27	100m 1:32.44	150m 2:22.88	200m 3:13.07	250m 4:04.19	300m 4:55.14	350m 5:44.76	400m 6:33.92	
3.	Gracie Mortimer	24/09/06	Beccles Town	7:40.09	132				
	50m 50.25	100m 1:47.34	150m 2:45.87	200m 3:46.42	250m 4:46.70	300m 5:46.14	350m 6:44.62	400m 7:40.09	
4.	Lucy Hailes	14/10/06	Beccles Town	8:16.54	105				
	50m 54.37	100m 1:56.92	150m 3:00.90	200m 4:05.01	250m 5:08.43	300m 6:13.82	350m 7:16.96	400m 8:16.54	

### GIRLS 12/13 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time	FINA Pt				
1.	Lucy Adcock	19/08/04	Beccles Town	5:22.92	383				
	50m -	100m 1:15.80	150m 1:57.54	200m 2:39.80	250m 3:21.87	300m 4:03.65	350m 4:44.83	400m 5:22.92	
2.	Lily Ellard	06/08/04	Beccles Town	5:32.79	349				
	50m 36.74	100m 1:18.11	150m 2:00.05	200m 2:42.70	250m 3:25.08	300m 4:07.90	350m 4:50.71	400m 5:32.79	
3.	Jessica Day	19/06/05	Beccles Town	5:42.23	321				
	50m -	100m -	150m -	200m 2:51.65	250m 3:33.26	300m 4:17.20	350m 5:01.63	400m 5:42.23	
4.	Ellen Pointer	21/05/05	Beccles Town	6:57.06	177				
	50m 43.39	100m 1:34.59	150m 2:29.02	200m 3:23.93	250m 4:18.82	300m 5:12.57	350m 6:05.32	400m 6:57.06	
5.	Zoe-Mai Girling	28/04/05	Beccles Town	7:34.15	137				

50m 48.30      100m 1:45.53    150m 2:43.47    200m 3:42.67    250m 4:41.26    300m 5:39.13    350m 6:38.75    400m 7:34.15

### **GIRLS 14/15 Yrs Age Group - Full Results**

Place	Name	DoB	Club	Time	FINA Pt			
1.	Grace Madsen	30/01/03	Beccles Town	4:58.93	482			
	50m 32.93	100m 1:08.58	150m 1:45.26	200m 2:23.44	250m 3:01.49	300m 3:40.84	350m 4:20.39	400m 4:58.93
2.	Emily Waller	18/06/02	Beccles Town	5:07.49	443			
	50m 34.53	100m 1:13.43	150m 1:52.91	200m 2:32.57	250m 3:12.25	300m 3:51.11	350m 4:30.89	400m 5:07.49
3.	Alexandra Sampson	17/05/03	Beccles Town	5:21.83	386			
	50m 34.31	100m 1:14.45	150m 1:55.89	200m 2:37.59	250m 3:19.60	300m 4:01.55	350m 4:42.78	400m 5:21.83
4.	Daisy Poll	28/09/03	Beccles Town	5:26.22	371			
	50m 37.21	100m 1:17.92	150m 1:59.48	200m 2:41.96	250m 3:24.22	300m 4:06.20	350m 4:47.70	400m 5:26.22
5.	Poppy Allen	26/06/02	Beccles Town	5:31.41	354			
	50m 35.28	100m 1:15.84	150m 1:57.29	200m 2:39.80	250m 3:22.40	300m 4:05.38	350m 4:48.68	400m 5:31.41

### **GIRLS Open Age Group - Full Results**

Place	Name	DoB	Club	Time	FINA Pt			
1.	Grace Madsen	30/01/03	Beccles Town	4:58.93	482			
	50m 32.93	100m 1:08.58	150m 1:45.26	200m 2:23.44	250m 3:01.49	300m 3:40.84	350m 4:20.39	400m 4:58.93
2.	Emily Waller	18/06/02	Beccles Town	5:07.49	443			
	50m 34.53	100m 1:13.43	150m 1:52.91	200m 2:32.57	250m 3:12.25	300m 3:51.11	350m 4:30.89	400m 5:07.49
3.	Alexandra Sampson	17/05/03	Beccles Town	5:21.83	386			
	50m 34.31	100m 1:14.45	150m 1:55.89	200m 2:37.59	250m 3:19.60	300m 4:01.55	350m 4:42.78	400m 5:21.83
4.	Lucy Adcock	19/08/04	Beccles Town	5:22.92	383			
	50m -	100m 1:15.80	150m 1:57.54	200m 2:39.80	250m 3:21.87	300m 4:03.65	350m 4:44.83	400m 5:22.92

5.	Daisy Poll	28/09/03	Beccles Town		5:26.22				371
	50m 37.21	100m 1:17.92	150m 1:59.48	200m 2:41.96	250m 3:24.22	300m 4:06.20	350m 4:47.70	400m 5:26.22	
6.	Poppy Allen	26/06/02	Beccles Town		5:31.41				354
	50m 35.28	100m 1:15.84	150m 1:57.29	200m 2:39.80	250m 3:22.40	300m 4:05.38	350m 4:48.68	400m 5:31.41	
7.	Lily Ellard	06/08/04	Beccles Town		5:32.79				349
	50m 36.74	100m 1:18.11	150m 2:00.05	200m 2:42.70	250m 3:25.08	300m 4:07.90	350m 4:50.71	400m 5:32.79	
8.	Jessica Day	19/06/05	Beccles Town		5:42.23				321
	50m -	100m -	150m -	200m 2:51.65	250m 3:33.26	300m 4:17.20	350m 5:01.63	400m 5:42.23	
9.	Grace Mann	14/03/06	Beccles Town		5:44.03				316
	50m 38.37	100m 1:21.72	150m 2:05.79	200m 2:50.05	250m 3:34.08	300m 4:18.22	350m 5:01.78	400m 5:44.03	
10.	Amelia Aukland	07/09/06	Beccles Town		6:33.92				211
	50m 42.27	100m 1:32.44	150m 2:22.88	200m 3:13.07	250m 4:04.19	300m 4:55.14	350m 5:44.76	400m 6:33.92	
11.	Freya Madsen	02/02/07	Beccles Town		6:48.79				188
	50m 45.54	100m 1:37.36	150m 2:29.78	200m 3:21.88	250m 4:13.90	300m 5:04.60	350m 5:57.61	400m 6:48.79	
12.	Ellen Pointer	21/05/05	Beccles Town		6:57.06				177
	50m 43.39	100m 1:34.59	150m 2:29.02	200m 3:23.93	250m 4:18.82	300m 5:12.57	350m 6:05.32	400m 6:57.06	
13.	Isabel Aukland	27/02/08	Beccles Town		7:14.20				157
	50m 47.55	100m 1:42.88	150m 2:38.86	200m 3:35.21	250m 4:32.14	300m 5:29.16	350m 6:24.74	400m 7:14.20	
14.	Zoe-Mai Girling	28/04/05	Beccles Town		7:34.15				137
	50m 48.30	100m 1:45.53	150m 2:43.47	200m 3:42.67	250m 4:41.26	300m 5:39.13	350m 6:38.75	400m 7:34.15	
15.	Gracie Mortimer	24/09/06	Beccles Town		7:40.09				132
	50m 50.25	100m 1:47.34	150m 2:45.87	200m 3:46.42	250m 4:46.70	300m 5:46.14	350m 6:44.62	400m 7:40.09	
16.	Lucy Hailes	14/10/06	Beccles Town		8:16.54				105
	50m 54.37	100m 1:56.92	150m 3:00.90	200m 4:05.01	250m 5:08.43	300m 6:13.82	350m 7:16.96	400m 8:16.54	

